# ANNEX 3 – Consent interventions- English

STUDY TITLE: WASH Benefits - Handwashing, Water Treatment, Sanitation, and Nutrition Interventions and Outcome Measures in Rural Kenya (also known as the Child Health Project)

Principal Investigator: Clair Null

**Organization**: Innovations for Poverty Action, Kenya

**Purpose of the Research, Why you are being invited, and what is expected if you participate**

Hello. How are you? I am (name) from Innovations for Poverty Action (IPA), a research based organization, in Kisumu with offices in Kakamega/Bungoma.

You may remember that we visited your household 2-3 months ago.

***[Water interventions households only];***

We are interested in conducting research on how water treatment interventions affect the health and development of young children. Through this research we want to learn about the direct health benefit of water treatment interventions. You were asked to participate in this study because you have a young child in your household. We hope you will agree to continue to participate in the study. Your community will receive chlorine dispensers that are available to the whole community.

Someone from the research project who is from your community will visit you once each month to check on your supplies, ask you some questions, and measure your child’s arm circumference. These visits will not take more than an hour each.

**Risks and Benefits**

There are no major risks involved in this study. Some aspects of the data collection activities might be uncomfortable or embarrassing for you to discuss. There is a slight risk of loss of confidentiality.

***[Hygiene interventions households only];***

We are interested in conducting research on how hygiene interventions affect the health and development of young children. Through this research we want to learn about the direct health benefit of hygiene intervention. You were asked to participate in this study because you have a young child in your household. We hope you will agree to continue to participate in the study. If you choose to continue to participate in this study, you will be provided with two tippy-taps for handwashing.

Someone from the research project who is from your community will visit you once each month to check on your supplies, ask you some questions, and measure your child’s arm circumference. These visits will not take more than an hour each

**Risks and Benefits**

There are no major risks involved in this study. Some aspects of the data collection activities might be uncomfortable or embarrassing for you to discuss. There is a slight risk of loss of confidentiality.

***[Sanitation interventions households only];***

We are interested in conducting research on how simple sanitation interventions affect the health development of young children. Through this research we want to learn about the direct health benefit of sanitation intervention. You are being asked to participate in this study because you have a young child in your household. We hope you will agree to continue to participate in the study. You will receive a pit latrine if your compound does not already have access to one. If you already have access to a latrine, then a plastic slab will be installed on the floor. You may be asked to make improvements on the latrine floor before a slab is installed if it is determined that the floor is not in good condition for slab installation. You will also be provided with a kipupuu (a dedicated feces removal device), a potty for potty training.

Someone from the research project who is from your community will visit you once each month to check on your supplies, ask you some questions, and measure your child’s arm circumference. These visits will not take more than an hour each

**Risks and Benefits**

There are no major risks involved in this study. Some aspects of the data collection activities might be uncomfortable or embarrassing for you to discuss. There is a slight risk of loss of confidentiality.

***[Nutrition interventions households only];***

We are interested in conducting research on how supplemental feeding of young children affects their health and development. Through this research we want to learn about the direct health benefit of nutrition supplements. You were asked to participate in this study because you have a young child in your household. We hope you will agree to continue to participate in the study. If you choose to participate in this study, you will be provided with a dietary supplement to feed your child two times a day, starting when your child reaches 6 months of age. This is a vitamin and mineral supplement made using groundnut and milk. Someone will deliver the supplements each month. Enrolled children will consume 2 sachets of supplement each day mixed in with their prepared food. Feeding your child the supplements should take no more time than it does to feed your child without the supplements.

Someone from the research project who is from your community will visit you once each month to check on your supplies, ask you some questions, and measure your child’s arm circumference. These visits will not take more than an hour each.

**Risks and Benefits**

There are no major risks involved in this study. Some aspects of the data collection activities might be uncomfortable or embarrassing for you to discuss. There is a slight risk of loss of confidentiality.

The nutritional supplement that will be used in this study is similar to supplements that have been tested in Malawi, Ghana, and Burkina Faso, and no adverse health effects were reported in those studies. We will ask you to let us know immediately if your child develops any reactions to the product (such as vomiting, rash, stomach pain, breathing problems with wheezing) after your child eats the supplement. Your child might experience health benefits from eating the nutritional supplements or using the other supplies that we will provide you. In the long term, the results of this study could benefit other children in Kenya and elsewhere by helping us understand the effects of providing nutrient supplements

***[Water,Sanitation, and hygiene interventions households only];***

We are interested in conducting research on how handwashing, sanitation, and water treatment interventions affect the health and development of young children. If you choose to participate in this study, you will receive a pit latrine if your compound does not already have access to one. If you already have access to a latrine, then a plastic slab will be installed on the latrine floor. You may be asked to make improvements on the latrine floor before a slab is installed if it is determined that the floor is not in good condition for slab installation.You will also be provided with a kipupuu (a dedicated feces removal device), a potty for potty training and two tippy taps for handwashing. In addition, your community will receive chlorine dispensers that are available to the whole community.

Someone from the research project who is from your community will visit you once each month to check on your supplies, ask you some questions, and measure your child’s arm circumference. These visits will not take more than an hour each.

**Risks and Benefits**

There are no major risks involved in this study. Some aspects of the data collection activities might be uncomfortable or embarrassing for you to discuss. There is a slight risk of loss of confidentiality.

***[Water, sanitation, hygiene and nutrition interventions households only];***

We are interested in conducting research on how handwashing, sanitation, water treatment, and nutritional supplement interventions affect the health and development of young children. If you choose to participate in this study, you will receive a pit latrine if your compound does not already have access to one. If you already have access to a latrine, then a plastic slab will be installed on the latrine floor. You may be asked to make improvements on the latrine floor before a slab is installed if it is determined that the floor is not in good condition for slab installation. You will also be provided with a kipupuu (a dedicated feces removal device), a potty for potty training and two tippy taps for handwashing. In addition, your community will receive chlorine dispensers that are available to the whole community. You will also be provided with a dietary supplement to feed your child two times a day, starting when your child reaches 6 months of age. This is a vitamin and mineral supplement made using groundnut and milk. Someone will deliver the supplements each month. Enrolled children will consume 2 sachets of supplement each day mixed in with their prepared food. Feeding your child the supplements should take no more time than it does to feed your child without the supplements.

Someone from the research project who is from your community will visit you once each month to check on your supplies, ask you some questions, and measure your child’s arm circumference. These visits will not take more than an hour each.

**Risks and Benefits**

There are no major risks involved in this study. Some aspects of the data collection activities might be uncomfortable or embarrassing for you to discuss. There is a slight risk of loss of confidentiality.

The nutritional supplement that will be used in this study is similar to supplements that have been tested in Malawi, Ghana, and Burkina Faso, and no adverse health effects were reported in those studies. We will ask you to let us know immediately if your child develops any reactions to the product (such as vomiting, rash, stomach pain, breathing problems with wheezing) after your child eats the supplement. Your child might experience health benefits from eating the nutritional supplements or using the other supplies that we will provide you. In the long term, the results of this study could benefit other children in Kenya and elsewhere by helping us understand the effects of providing nutrient supplements

***[Active control interventions households only];***

Someone from the research project who is from your community will visit you once each month to check on your supplies, ask you some questions, and measure your child’s arm circumference. These visits will not take more than an hour each.

**Risks and Benefits**

There are no major risks involved in this study. Some aspects of the data collection activities might be uncomfortable or embarrassing for you to discuss. There is a slight risk of loss of confidentiality.

**Rights of Participants, Confidentiality**

Your participation is voluntary and you do not have to participate. You do not need to talk to me if you do not want to. And if there is any question you do not want to answer, that will be fine. You can withdraw from the study at any time, even in the middle of an interview.

As a reminder, I will keep everything that you tell me entirely private and confidential, and will not talk to other people about what you have said. I will also keep you and your family’s names confidential, and not tell anyone that you have talked to me. Your answers will in no way affect the assistance that IPA may provide to your community or your family. If you have any problems, or if you feel uncomfortable answering any question, you should feel free to stop talking with me at any time. If you have any questions or comments about this study you can also speak with people in the IPA office in Kakamega/Bungoma Town.

I will give you the phone number for IPA. If you “flash”[[1]](#footnote-1) someone will call you back

**If you have additional questions about your rights as a research subject , you can contact KEMRI Ethics Review Committee on 0722-205901 or 0733-400003**

**Compensation**

You need not pay us to take part in this study, and similarly we will not pay you money for participating in this study.

**Persons to contact:**

If you have any question, you can ask me any time.

If you have any questions or comments about this study you can also speak with people in the IPA office in Kakamega/Bungoma Town (**0728716661**). If you “flash”[[2]](#footnote-2) them they will call you back.

If you agree to participate, please say so now, and indicate that by putting your signature or your left thumb impression at the specified space below.

Consent to enroll into the study: YES\_\_\_\_\_\_ NO\_\_\_\_\_\_

Signature or left thumb impression of Participant Date

1. [↑](#footnote-ref-1)
2. “Flashing” is a common practice in Kenya when the caller does not want to bear the cost of the call – by dialing and letting the phone ring only once so that the number registers on the recipient’s line. IPA can then return the call without costing the subject anything. [↑](#footnote-ref-2)